

Apps for Brain Training
www.bridgingapps.org



Proverbidioms: This app is a fun search puzzle. You are given a clue and then have to think of the proverb or idiom that matches the clue. You then find the picture that matches the proverb or the idiom.

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Solitaire by MobilityWare: This app allows you to play a classic game of Solitaire on your iPad or iPhone.

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Matrix Game: This is another puzzle game. You place each card in the matrix based on the features of the picture on the card. It helps with visual perceptual skills, attention and concentration.

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